

# Practice Research on the Inheritance of Red Culture in College Dance Teaching

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**Abstract:** As a cultural country with a long history in China, in its long history, dance culture is gorgeous in the forest of Chinese culture and art with its unique artistic charm and beauty. At present, however, there are fewer and fewer works with real artistic connotation and cultural accomplishment in dance. With the development of Chinese cultural industry, the creation of dance art is also on the rise. Red culture is an important part of socialist culture with Chinese characteristics, the sublimation of Chinese national spirit and the important source of advanced socialist culture. Red dance plays a very important and positive role in inheriting the red memory and carrying forward the revolutionary spirit of the Communist Party of China(CPC) people. Dance is also the carrier of inheriting and carrying forward national culture, which contains the value and essence of national culture. Especially in today's country's promotion of cultural construction, dance teaching system in colleges and universities needs to break through old habits and reform and innovate. This paper expounds the present situation of dance teaching in colleges and universities in the new period, analyzes the necessity of innovation in dance teaching in colleges and universities under the view of cultural inheritance and the significance of bringing red cultural resources into dance teaching in colleges and universities. Taking Zunyi red cultural resources as an example, it discusses the application mode of red cultural resources in dance teaching in colleges and universities.

## 1. Introduction

Dance is an artistic form that expresses thoughts and feelings with human body language. Its creation and performance have strict rules and requirements. Different materials will express different thoughts and feelings, and also give people different visual effects [1]. The effective application of red cultural resources in college dance creation can not only enrich the content and form of college dance creation teaching, but also effectively inherit and develop China's red cultural resources, carry out targeted moral education and art education among college students, gradually establish dance teaching disciplines and creative disciplines with red themes, contents and styles in colleges and universities, and create red dance works with local characteristics [2]. Dance teaching in colleges and universities needs the nourishment of profound culture, and as a high-quality educational resource integrating ideal and belief education, moral sentiment education, patriotism education and cultural aesthetic education, its development and application research in dance teaching in colleges and universities is still at the stage of preliminary exploration and practice [3].

The inheritance of culture has time and space dimensions, and dance performance is also an artistic form in which time and space coexist. The inheritance of dance culture is integrated with the spread of Chinese traditional culture. Dance skills, movements and style features all reflect the ideology and spiritual cultivation of national culture [4]. Carrying out moral education and art education in dance teaching on the basis of inheriting the red cultural tradition, and paying attention to the local red cultural resources, combining them with the creation of red dance works with local characteristics, can better exert the influence of red culture [5]. Carrying out dance teaching with red themes in colleges and universities, innovating dance teaching contents, giving full play to creativity, and establishing a cultural atmosphere with red characteristics can further develop and inherit the red humanistic spirit on campus [6]. Through the study and in-depth understanding of the red cultural dance, the combination of cultural resources and educational resources can help students establish a correct outlook on life and world, improve their self-cultivation, strengthen their

love for life and the motherland, and cultivate more social construction talents with noble feelings [7].

## **2. The Value of Red Culture in Dance Creation**

### **2.1. Inheriting red culture**

China's development history has bred a red culture with Chinese characteristics. However, the industry is influenced by various factors, and various ideas collide with each other, which affects people's ideological quality. If it is influenced by bad ideas, many negative thoughts will appear. Red culture is a cultural form with high value and deep connotation, which plays an irreplaceable role in building the humanistic spirit of colleges and universities in the new period [8]. The spiritual red culture includes the Long March culture, the anti-Japanese war culture, the liberation war culture and the socialist construction culture formed in the revolutionary war years and the practice of socialist construction. These cultures contain the core spirits of patriotism and love for the people, firm belief, hard struggle, seeking truth from facts, not being afraid of sacrifice, and daring to revolution [9]. Culture is formed in the masses of the people, and it reacts on the masses of the people. It is reflected through social life. Only by better inheriting the red culture and the culture with Chinese characteristics, can we better learn the red culture, improve our comprehensive quality and reflect the educational value of culture. A side of soil and water breeds a side of culture, and culture reacts on the social life of the people. The red cultural resources in Zunyi have diversified forms and high cultural and educational values, from which we can extract diverse local cultures including Long March culture, anti-Japanese war culture, third-line culture and patriotism culture.

The effective development and utilization of red cultural resources through dance creation and other forms can control the transmission of positive thoughts, give full play to the educational guiding function of red culture, better guide the direction of public opinion of the public and youth groups, purify the social spiritual field, thus enhancing national identity, arousing people's pursuit of noble and healthy values, and inspiring the consciousness of resisting decadent culture, which is of great and far-reaching practical significance for maintaining the advanced nature and purity of socialist core culture. It is the practical significance of red culture to the spiritual development of teenagers to develop its educational guiding function by exploiting the resources of red culture, actively guiding students' thoughts by using the influence of red culture, leading the public and youth groups, and enhancing the recognition of Chinese traditional national culture when cultivating socialist spiritual and ideological fields, so as to abandon bad habits, form the pursuit of local values and keep them noble.

### **2.2. Carry forward the national spirit**

National spirit is an ideology of national cultural development and an important part of socialist core value system. In the development of national spirit, the development of national culture can be promoted by carrying forward red culture. Combining the red resource culture with the creation of college dance is to excavate the red resource culture, make use of the vivid historical background stories and heroes, and reflect the people's expectations for a better life in a specific period. Among the red cultural resources in Zunyi, there are abundant faith education, ideal and belief education, behavior standard education and national spirit education [10]. The core of applying red cultural resources to the creation of dance in colleges and universities is to excavate local red cultural resources, try to be close to the real historical background and vivid heroes, and accurately use dance vocabulary to reflect the expectations of Red Army soldiers and grass-roots people for a better life and the inheritance of national spirit and national consciousness during the revolutionary war at that time, which reflects the unique charm of red art, and reveals the greatness of the CPC and his true feeling of this nation and life.

If dance and red culture can be perfectly combined, through the display of valuable works, they can play the role of mutual achievement, making red dance art a characteristic art form in the dance culture system, enriching dance types, and displaying red spiritual culture through the inheritance of

dance content. Any form of dance art must be rooted in a specific cultural background. Only by integrating a specific cultural spirit, carrying forward positive spiritual and cultural connotations and spiritual qualities, and showing a unique artistic character, can it achieve its due artistic influence [11]. The application of red cultural resources in college dance creation can make red dance art occupy a place in China's dance culture system, better interpret red spiritual culture, and make contemporary college students feel the charm of red spirit and dance art through a brand-new art form, thus providing more support and promotion for the promotion of Chinese national spirit and the development of dance art.

### 3. Analysis of the Application Path of Red Cultural Resources in College Dance Creation

#### 3.1. Innovative dance teaching form

The application of red cultural resources in college dance creation must comprehensively analyze the psychological and aesthetic needs of students and audiences. Only by accurately grasping the audience's psychology can attractive and influential dance works be created. The choice of dance structure is also a key issue to be considered in the process of college dance creation, which directly determines the internal structure and organization of red dance works. Only by choosing dance themes and expression techniques suitable for specific red cultural content can the creator create a good dance image, enhance the expressive force of dance movements and realize the perfect combination of red cultural resources and dance exhibition art.

Looking at the local development track of sports dance in China, since the introduction of sports dance into China, the development process has been deeply influenced by political, social, cultural and other factors, and has gone through the historical evolution from closed to open, from prohibition to recognition, from naturalness to scientific standardization, and from spontaneous participation to government guidance. Figure 1 shows the process of sports dance culture transmission.

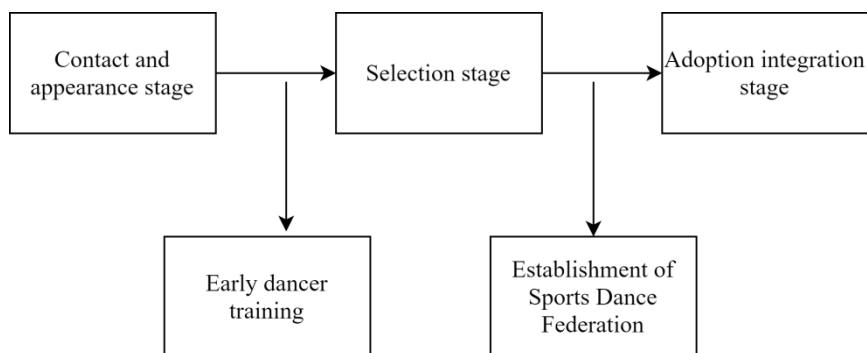


Fig. 1 Schematic diagram of the process of sports dance culture dissemination

In the traditional dance teaching classroom in colleges and universities, it mainly depends on interpersonal communication and organizational communication, such as taking classes, listening to reports and visiting. Although this teaching method can instill more professional knowledge into students, it can be absorbed and digested by students very little. The reason lies in the indoctrination and demonstration teaching mode. Students are always in a passive learning position, which does not fully stimulate students' subjective consciousness in the dance classroom, and is not conducive to the improvement of students' dance professional skills and aesthetic quality [12]. At the same time, the traditional backward dance teaching form lacks practicality, which is not conducive to the effective combination of dance theory teaching and practice teaching, and limits the effective cultivation of students' individualized quality and dance creation and performance ability. Especially for the post-90s college students, their dance learning needs have shown individualized and diversified characteristics. The learning of dance professional knowledge is not only limited to teachers' teaching, but also increasingly dependent on new media such as the Internet and mobile phones. Enhance the vivid image of red cultural resources, enhance the attraction of red cultural resources to contemporary college students, and expand the appeal of red cultural resources to

college students, so as to make dance teaching in colleges and universities more grounded, and finally achieve the purpose of using red cultural resources to enhance the actual effect of dance education.

### **3.2. Strengthen emotional experience**

Without people's emotions, there has never been and cannot be anyone's pursuit of truth . The application of Zunyi's red cultural resources in dance teaching classes in Zunyi and its surrounding universities has natural affinity and resource integration advantages. Colleges and universities can not only use red educational resources to realize the construction of dance teaching courses and enrich the forms of dance teaching, but also use rich red cultural resources to strengthen ideological and political education and aesthetic education for college students. While guiding college students to establish a correct world outlook, outlook on life and values, we should fully stimulate college students' learning interest and creative enthusiasm in dance art, and realize the synchronous development of dance professional teaching and moral education. Students who don't live in the local ethnic areas are bound to lack the actual experience of dance art. Therefore, in the process of dance teaching in colleges and universities, academic exchange activities should also be carried out to organize students to appreciate the influential dance art performances of various nationalities at home and abroad, so as to experience the performers' demeanor, expressions, movements and the cultural emotions expressed in their dance movements, and try to figure out and learn the typical movements and emotional expressions in dance.

In order to promote the cultivation of students' comprehensive quality in dance teaching in colleges and universities, we should properly and scientifically combine music, fine arts, literature, poetry and other performing arts forms, and combine the artistic requirements of film, television and music to create a cultural atmosphere. In the classroom setting, students with different cultural qualities and dance levels should be encouraged to strengthen exchanges, cooperation and communication, learn from each other's strong points, and enrich their own cultural knowledge. Students are encouraged to actively use their professional dance knowledge and ability, fully understand the thoughts and feelings inherited by dance art, and fully demonstrate their cognition of dance culture through the expression of dance movements. Under the guidance of the concept of cultural inheritance, in order to better infiltrate traditional culture, create traditional cultural atmosphere and fully display the charm of dance art in the process of dance teaching in colleges and universities, dance classroom teaching can enrich infrastructure, and integrate traditional cultural factors when setting and choosing costumes and scenes, so that students can experience traditional culture in person, promote students' recognition of traditional culture, and integrate cultural emotions to realize the perfect combination of body movements and emotions.

### **4. Conclusion**

To sum up, under the concept of quality education and the brand-new higher education environment, college dance teaching needs to fully realize the educational value of red cultural resources. However, the research on the development and application of red culture in college dance teaching is still at the initial stage of exploration and practice. Applying the red cultural resources in Zunyi, Guizhou Province to the practice of dance creation in colleges and universities can not only effectively protect and inherit the red cultural resources, enrich the content and form of dance creation in colleges and universities, and promote the enrichment and development of dance artistic style in colleges and universities, but also provide more educational materials for dance curriculum construction and dance creation teaching in colleges and universities, and achieve the purpose of expanding dance creation teaching methods and promoting the development of dance education in local colleges and universities. As an important manifestation of traditional culture, dance is advocated by the times when the country vigorously promotes cultural construction, and it is necessary to incorporate cultural factors into dance performances. Therefore, not only can students' professional quality of dance be improved, but also traditional culture can be better interpreted in the integration with dance art, thus realizing the goal of college dance teaching to cultivate more

high-quality and professional talents for the society.

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